

WORKING WITH GROUPS AND TEAMS IN COACHING SUPERVISION

AN EXPERIENTIAL WORKSHOP FOR COACHING SUPERVISORS 26-27 APRIL 2018, SYDNEY

Executive coaches are increasingly being invited to work with senior teams in team and group coaching assignments. Recent research indicates that the coaches appreciate the value of coaching supervision and indeed, many feel it is absolutely vital to support them as they navigate the practical and psychological issues that arise within their client groups.

So, how do we, as coaching supervisors, provide the depth and quality of supervision that can support team coaches as they navigate these particular complexities?

This programme is for experienced coaching supervisors who would like an opportunity to explore and deepen your learning and practice as coaching supervisors, particularly in the group context.

What does the programme involve?

During these two days, we will be exploring such themes as:

- Team and group coaching what's the same, what's different?
- Exploring who you are in this group and who you are as supervisor, appreciating difference with others
- How to engage with the team/group coach to attend to the formative, normative, restorative purposes of supervision
- Recurring themes and patterns of self in groups how this impacts on how you show up as a supervisor, and how it may be relevant for team/group coaches
- Different psychological lenses to explore different theories around group development
- Group dynamics, family of origin, groups, teams, individual roles in groups

Our approach

- Experiential exercises and subsequent personal reflections
- Group process: using the group to inform what may go on in team / group coaching
- Live supervision demonstrations
- Practical applications to develop your approach
- Some reading and background in the theoretical underpinnings of team coaching and group dynamics

How will you benefit?

- Deepen your understanding of the complex elements of group and team coaching supervision
- Develop your knowledge and skill of applying a range of supervision models and theories in the group and team coaching contexts



- Have the opportunity to explore and practice how you engage with others and facilitate in a group setting that will inform your own practice as supervisor
- Explore aspects of your own practice that you wish to develop
- Develop your capacity to co-create learning relationships in groups with appropriate safety and containment
- Deepen your appreciation of the diverse patterns of group formation, behaviours and development

This workshop will be an opportunity for you to deepen your self awareness and practice with like minded professionals. The group will be limited to 12 participants, so please book early to avoid missing out. Places will be allocated on a first come, first served basis. Below are the more practical details.

Practicalities

Dates: Thursday and Friday 26 and 27 April 2018

Venue: To be confirmed, but probably in the Rushcutters Bay area

Time: 10am to 5pm

Cost: \$840.00 per person

Next steps

To confirm your place, please email Charlotte Braley (charlotte@alisonhodge.com). On receipt of your email confirmation, we will send an invoice for your immediate attention. Payment of the invoice will secure your place on the programme.

I look forward to working with you in this highly experiential workshop.

