

# TEAM COACHING SUPERVISION DEVELOPMENT WORKSHOPS

## TEAM COACHING SUPERVISION DEVELOPMENT WORKSHOPS SEPTEMBER TO NOVEMBER 2018, LONDON

Now in its third consecutive year, this powerful development programme for coaching supervisors is led by Dr Alison Hodge in collaboration with CSA Ltd faculty.

Executive coaches are increasingly being invited to work with senior teams in team coaching assignments. At the same time, the coaches – who might usually work on a one-to-one basis – now find themselves facing challenging and at times ‘messy’ situations with groups and teams in complex, global organisational systems. Even if they have specific team coaching training, the systemic material they are dealing with can be overwhelming or difficult to untangle.

Recent research indicates that team coaches appreciate the value of coaching supervision. Indeed, many feel it is absolutely vital to support them as they navigate the practical and psychological issues that arise within their client groups. So how do we, as coaching supervisors, provide the depth and quality of supervision that can support team coaches as they navigate these particular complexities?

### Who is this programme for?

The programme is for qualified, practising coach supervisors, including those learning to do group supervision. We’d like you to be:

- Seeking to develop and deepen your learning as a coaching supervisor
- Experienced in working with supervisees who are facilitating group and team coaching, leadership development and OD interventions in organisational settings
- Willing to do (or have done) some personal development work of your own around groups
- Willing to engage in experiential inquiry and practice to explore the impact of groups on yourself and others
- Willing to engage in pre-work and reading to extend your knowledge and skills

### What does the programme involve?

During this workshop programme, we will be exploring such themes as:

- Definition of team coaching and how it compares with other team or group interventions
- Exploring who you are in this group and therefore who are you as a supervisor, appreciating difference with others
- How to engage with the team coach to attend to the formative, normative, restorative purposes of supervision
- Recurring themes and patterns of self in groups – how this impacts on how you show up as a supervisor, and how it may be relevant for team/group coaches
- Different psychological lenses to explore different theories around group development
- Group dynamics, family of origin, groups, teams, individual roles in groups

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## Our approach

- Experiential exercises and subsequent personal reflections
- Group process: using the group to inform what may go on in team / group coaching assignments and thus what does the supervisor need to know, be able to do to work with coaches who are working with groups
- Live supervision demonstrations
- Practical applications to develop your approach
- Some reading and background in the theoretical underpinnings of team coaching and group dynamics

## How will you benefit?

- Deepen your understanding of the complex elements of team coaching supervision
- Develop your knowledge and skill of applying a range of supervision models and theories to the team coaching context
- Have the opportunity to explore and practise how you engage with others and facilitate in group settings that will inform how you supervise team coaches

Each Group Workshop consists of 6.5 hours and each teleforum will be 1 hour. Full attendance qualifies for 28 ICF CCEUs in Resource Development.

## Faculty

The programme will be led by Dr Alison Hodge, a member of the Executive Board and Director of Research at CSA Ltd who has extensive experience of working with groups and teams as well as coaching supervision. There will be further input from Dorothy Atcheson, a certified team coach / supervisor and active member of the CSA faculty, as well as CSA founding Directors, Edna Murdoch and Miriam Orriss.

## Practicalities

The programme of four days (plus an online webinar) will be held in a Central London venue and will take the following format:

Module 1 (2 days): 13-14 September 2018

Webinar: 16 October 2018 at 6pm

Module 2 (2 days): 8-9 November 2018

Total fees for the workshop programme will be £1280.00 + VAT at 20%

## Next steps

We will be holding a preliminary webinar at 6pm on 5 June 2018, when we would like to invite you to explore some of your supervision of team coaches – and the kinds of issues they bring to supervision – in order to ensure that your needs are fully addressed during the development programme in 2018.

If you would like to attend the preliminary webinar or book on the programme, please drop Alison an email ([alison@alisonhodge.com](mailto:alison@alisonhodge.com)) or call her on 020 8995 5485.

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