

WORKING WITH GROUPS

DEVELOPMENT PROGRAMME

**A UNIQUE DEVELOPMENT PROGRAMME FOR
EXPERIENCED EXECUTIVE COACHES AND COACHING SUPERVISORS
WITH DR ALISON HODGE, IN COLLABORATION WITH
CSA LTD AND TIO CONSULTING**

20 & 21 MAY 2019, DUBLIN

As an executive team coach or coaching supervisor, let me ask you:

How do you feel when you are in a group?

What are your patterns and triggers in groups?

How do you manage yourself when you are coaching, facilitating or supervising?

What roles do you take on and what roles are projected on to you?

In this unique, experiential programme, we will explore our own processes and concerns about being in groups and how this may impact on how we show up, how we engage, and how we relate to all the other participants. We will explore how we as practitioners provide the depth and quality of team or group coaching and supervision that can support our clients with all the complexity of group work.

Who is this programme for?

This programme is for experienced executive coaches and coaching supervisors who would like an opportunity to explore and deepen learning and practice, particularly in the group context.

What does the programme involve?

During these two days we will be exploring such themes as:

- Team and group coaching
- Who you are in this group, and who you are as practitioner, appreciating difference with others
- Recurring themes and patterns of self in groups – how this impacts on how you show up as a coach or supervisor, and how it may be relevant for your practice
- Different psychological lenses to explore theories around group development
- Group dynamics, family of origin, groups, teams, individual roles in groups

Our approach

- Experiential exercises and subsequent personal reflections
- Group process: using the group to inform what may go on in team or group coaching
- Live supervision demonstrations
- Practical applications to develop your approach
- Some reading and background in the theoretical underpinnings of team coaching and group dynamics

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How you will benefit

- Deepen your understanding of the complex elements of group and team coaching supervision
- Develop your knowledge and skill of applying a range of models and theories to the group and team coaching context
- Have the opportunity to explore and practice how you engage with others and facilitate in a group setting that will inform your own practice
- Develop your capacity to co-create learning relationships in groups with appropriate safety and containment
- Deepen your appreciation of the diverse patterns of group formation, behaviours and development

Faculty

The programme will be led by Dr Alison Hodge, a member of the Executive Board and Director of Research at CSA Ltd, who has extensive experience of working with groups and teams, as well as being a highly experienced coach supervisor.

Next steps

This workshop will be a unique opportunity for you to deepen your self-awareness and practice with like-minded professionals. The group will be limited to 12 participants, so please contact Charlotte Ryan (email: charlotte@alisonhodge.com) to arrange a conversation to discuss whether this programme is for you, or to confirm your place.

Dates: Monday & Tuesday, 20 & 21 May 2019

Venue: Irish Management Institute, Balally, Dublin 16

Time: 9.30am to 5.00pm

Cost: €900 (Republic of Ireland) / £800+VAT (UK) per person

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