



An Experiential Workshop on Contracting with Teams

Venue: Ashridge House, Berkhamsted, Hertfordshire, HP4 1NS

Date: 5th March 2018

Contracting is a hard enough discipline for coaches to master. Contracting with teams is an order of magnitude more complex. We would like to invite you to a live experience in team contracting to strengthen your team contracting muscles!

Whilst most of us are familiar with contracting 1 to 1 in coaching, we may have less confidence when doing this with teams. We will be exploring what changes when the contract involves multiple stakeholders such as when working with groups or a team.

Who should attend?

Those who will get the most from this day will be experienced coaches with a good understanding of contracting with individuals in a coaching setting and who want to explore how to contract in a team coaching setting.

Dr Alison Hodge will hold the day for us as we explore. Her approach will be to make this an experience in group contracting. We'll spend the morning contracting as a group and the afternoon reflecting on our experience to identify the diverse elements and dynamics of the group and pulling some threads of learning from this.

The fee for the day is £400 plus VAT which includes a wonderful Ashridge lunch. There is space for up to 12 people. If you wish to attend please contact:

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Dr. Alison Hodge's bio

Since graduating in Australia, I started my commercial career in the UK in 1973 in the field of business magazine publishing. My roles included sales management, publishing and Head of Training, managing teams of up to 60 people.

In May 1985 I set up my own sales and management training consultancy. Since completing my MSc in Change Agent Skills and Strategies in 2000 (at Surrey University), I now practice primarily as a coaching supervisor (both individual and group), as well as offering team and group facilitation development programmes in organisations and for executive coaches.

My work with clients, be it in supervision, group facilitation or experiential workshops, is based on co-creating collaborative learning relationships that support clients' personal and professional development. What I love about this work is the emergent nature of how we build the relationship, of the co-creative enquiry. I see this as exploration. I see it as a place for us to be curious. I see it as a place to investigate: you, me, us, your client, your clients' systems, and actually then we can look at the theories and models that might support you, the practices that support you and how you can bring as much of yourself as is relevant into this work to affirm, to inspire, to help the learning of your client, be that on a one-to-one basis or with groups and teams.

For me, exploring our practice through dialogue, with curiosity in our experience, can be fun and at the same time deepen the learning and development that occurs through our relationship, the client issues that we investigate and our subsequent reflections.

I completed my Professional Doctorate in Coaching Supervision at Middlesex University in 2014 and as a result my work is strongly informed by Action Research. Since then I have become increasingly involved in team and group work and in 2017, together with colleagues from CSA, I have co-facilitated what I believe is the first UK-based Team Coaching Supervision Training Programme.

As an accredited EMCC Coach at Master Practitioner level and APECS Coaching Supervisor, my professional practice is underpinned by the Global Code of Ethics as well as the APECS Ethical Guidelines.

I bring a personal empathy to my client relationships, together with the academic appreciation and understanding of change and adult learning processes. I believe that I am valued for my passionate enthusiasm and my deep belief in people's ability to succeed and grow. My tai ji practice helps to keep me grounded, mindful and present in my work and relationships.