# WHO ELSE IS IN THE ROOM? AN EXPERIENTIAL WORKSHOP TO EXPLORE MULTI-STAKEHOLDER CONTRACTING

# AN EXPERIENTIAL WORKSHOP FOR EXECUTIVE COACHES 7-8 MAY 2018, SYDNEY

Based on the recurring themes that coaches bring to supervision, the theme for this workshop will focus around contracting with multiple stakeholders and contracting for team and group coaching. This will be an opportunity to deepen your self awareness and professional capacity in the complex and often unpredictable practice of multi-stakeholder contracting whether in one to one or in group and team coaching

Whether we're external coaches or part of an internal coaching team within an organisation, the client/coach relationship is created alongside many other interconnected relationships: HR, line management, coaching sponsor, consultancy sponsor, coaching supervisor. In addition to the business contract that needs to be agreed, we also need to manage the professional and psychological contract to ensure our work is effective for our client/s.

So, as coaches, how do we manage the diverse elements and persona who are involved directly or indirectly in the coaching assignment for either one-to-one coaching or in group and team coaching?

This experiential programme is for executive coaches working in organisational settings where there is more than one 'client', be that coachee, sponsor, line manager, other team members, external stakeholders.

## What does the programme involve?

During these two days, we will be exploring such themes as:

- What do we mean by contracting in coaching?
- The key elements that are involved: practical, professional, psychological
- The key stakeholders who are involved, either directly or indirectly
- How to engage with the different stakeholders when, where and why
- Contracting and re-contracting especially in group and team coaching

### Our approach

- Experiential exercises and subsequent personal reflections
- Group process: using the group to inform our capacity to contract with multiple stakeholders, in both one to one and team/group coaching
- Live contracting demonstrations and reflections



- Practical applications to develop your approach
- Some reading and background in the theoretical underpinnings of team/group coaching, group dynamics and the key elements of multi-stakeholder contracting

#### How will you benefit?

- Deepen your understanding of the complex elements of multi-stakeholder contracting, particularly with group and team coaching
- Develop your knowledge and skill of applying a range of methods of contracting in group and team coaching contexts
- Have the opportunity to explore and practice how you engage with others and contract in both individual and group settings
- Explore aspects of your own practice that you wish to develop
- Develop your capacity to co-create learning relationships with individuals and groups with appropriate safety and containment
- Deepen your appreciation of the diverse elements of the ongoing contracting process in coaching

This workshop will be an opportunity for you to deepen your self awareness and practice with like-minded professionals. The group size will be limited to ensure maximum participation and engagement, so please book early to avoid missing out. Places will be allocated on a first come, first served basis. Below are the more practical details.

#### **Practicalities**

Dates: Monday and Tuesday 7 and 8 May 2018

Venue: To be confirmed, but probably in the Rushcutters Bay area

Time: 10am to 5pm Cost: \$840.00 per person

#### **Next steps**

To confirm your place, please email Charlotte Braley (charlotte@alisonhodge.com). On receipt of your email confirmation, we will send an invoice for your immediate attention. Payment of the invoice will secure your place on the programme.

I look forward to working with you in this highly experiential workshop.

