



## Team coaching supervision workshop

**November 2023 to February 2024**

Beginning this November, in collaboration with CSA Ltd, Dr Alison Hodge is offering an online team coaching supervision workshop, for practitioners who have an established supervision practice. If you are already practising as a team coaching supervisor, with or without formal training in team coaching, these workshops will enable you to explore and collaborate with others over the issues we encounter as supervisors of team coaching.

Executive coaches are increasingly working with senior teams in team and group coaching assignments. They find themselves facing challenging and at times 'messy' situations in complex, global organisational systems. Even if they have specific team coaching training, the systemic material they are dealing with can be overwhelming or difficult to untangle.

Recent research indicates that team coaches appreciate the value of coaching supervision. Many feel the support is vital as they navigate the practical and psychological issues that arise within their client groups. So how do we, as coaching supervisors, provide the depth and quality of supervision they need?

## Who is this workshop for?

The workshop is for qualified, practising team coaching supervisors. We'd like you to be:

- Seeking to develop and deepen your learning as a coaching supervisor
- Experienced in working with supervisees who are facilitating group and team coaching and OD interventions in organisational settings
- Willing to do, or have done, some personal development work around groups
- Willing to engage in experiential inquiry and practice to explore the impact of groups on yourself and others
- Willing to engage in pre-work and reading to extend your knowledge and skills

## What this workshop will involve

During this workshop programme of three days, we will be exploring such themes as:

- The diverse needs of the team coach in their supervision
- The complexity of group dynamics, the impact on the coach, and on us as supervisors
- How family systems show up in team coaching as well as in supervision
- Holding the balance between our role and our tasks as team coaching supervisor
- Recurring themes and patterns of self in groups – how these impact on how you show up as a supervisor, and how it may be relevant for team and group coaches
- Supervising team coaches: some approaches, methods, practice



## Workshop options

### Option 1

Introductory webinar

8 June 2023, 5pm

Part 1 (2 days)

22-23 Nov 2023, 9am–5.30pm

Part 2 (1 day)

12 Feb 2024, 9am–5.30pm

### Option 2

Introductory webinar

8 June 2023, 5pm

Part 1 (4 x half days)

13-14 Nov 2023, 8am–12 noon

27-28 Nov 2023, 8am–12 noon

Part 2 (2 x half days)

5-6 Feb 2024, 8am–12 noon

## The workshop approach

- Dialogue to explore the field and our practice
- Group process: using the group to inform what may go on in team or group coaching assignments, and how to harness this with our clients
- Practical applications to develop our approach
- Some reading and background in the theoretical underpinnings of team coaching and group dynamics

## How you will benefit

- You will receive a CSA CPD Certificate of Attendance on completion of the workshop, and it will count for 30 hours of CPD
- Deepen your understanding and appreciation of the complex elements of team coaching supervision
- Develop your knowledge and skill in applying a range of supervision models and theories to the team coaching context
- Explore and practise how you engage with others and facilitate in group settings, in order to inform how you supervise team coaches

## Practicalities

The workshop will be delivered as a virtual programme.

All times shown are based on UK time.

Numbers will be limited to 12-15 participants.

Total fees for the workshop programme will be £975 + VAT @ 20% as applicable

As we will be working with our own group development, it is not possible to attend Part 1 of Option 1 and then Part 2 of Option 2.

## Next steps: FREE invitation webinar

We will be holding a FREE preliminary webinar at 5pm (UK time) on 8 June when we invite you to explore some of the issues that your team coaches bring to supervision. This conversation aims to inform our approach and to ensure that your needs are fully addressed during the development workshop.

8 June 2023, 5-6.30pm (UK time)

If you would like to attend the invitation webinar, please book your place here:

[Invitation webinar](#)

If you are interested in registering for the workshop but unable to attend the webinar please contact:

[Mike Smith at CSA](#)

Or call Alison Hodge on +44 07768 694818



This programme will be led by Dr Alison Hodge, who has extensive experience of working with groups and teams as well as coaching supervision. Find out more about Alison on her website: [alisonhodge.com](http://alisonhodge.com)

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